

Latest Prescription Drug List Updates: Review the latest [PDL Tracker](#) for a recap of changes outside our Jan. 1 and July 1 pharmacy benefit updates.

your mobile phone and begin receiving our monthly alerts.

Employee Health Resources

- **New Member Video Series Released:** View a new series of short videos to help educate members, improve their onboarding experience and help drive plan engagement. [Learn more](#)

The following monthly observance can be directly copied and placed in your employee communications. For additional wellness information visit the [Communication Resource Center](#).

- **May is Mental Health Awareness Month:** Check out the [May newsletter](#) for the article: 10 Ways to Simplify Your Life and Dial Down Stress Levels.



Ideas/Suggestions?

Do you have an idea or suggestions for future editions of Customer Connection? Send us an email and let us know!

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